

GNC MENTAL HEALTH CHECK

Terms & Conditions



- There are limited slots available, and these will be provided upon a first-come, firstserve basis to the first 500 registrants.
- Cigna Insurance Middle East S.A.L. reserves the right to deny providing the free mental health check-in, without providing any explanation.
- I understand that this service although facilitated by Cigna Insurance Middle East S.A.L. but I fully understand that the service is not being delivered by Cigna Insurance Middle East S.A.L. but by third parties knowledgeable in the service being provided.
- I understand that Counselling and/or Psychotherapy Treatments are not a substitute for professional medical care by a qualified doctor or other health care professional. I understand that I should always check with my doctor if I have any concerns about my condition or treatment.
- I understand that I am responsible for assessing the outcome of my treatment.
- I understand that talking therapies are not intended to replace allopathic and conventional medical treatment and care, nor are they intended to replace formal diagnosis and treatment by a qualified medical practitioner.
- Talking therapist may give information or guidance that could bring about positive change and such information or guidance is given for the client to consider, although the therapist will be supportive and as helpful as possible in all decision making and change processes, any resulting choices and changes made by the client do remain the personal and legal responsibility of the client. Under no circumstances will Cigna Insurance Middle East S.A.L. be held accountable for the outcome of the session or the course of treatment prescribed.
- Online and telephone therapy/counselling/coaching is not a replacement for clinical face to face counselling and therefore Cigna Insurance Middle East S.A.L. cannot be held responsible for any actions of the users/clients.

Together, all the way.SM



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